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We follow the Real PE Scheme of work. The application of knowledge and skills will be taught and experienced through 'traditional' sports and through a range of enrichment opportunities.

Lessons will be adapted for each specific year group using the Progression of Skills, Knowledge and Vocabulary documents for each of the 12 Fundamental Skills (FUNS).

Autumn Term 2023									
	Autumn 1					Autumn 2			
Nursery	N1: N2:			Exploring the environment inside and outside.		N1: N2:		See progression of skills, knowledge & Vocabulary Grey	
Puffins R	 FUNS 10, 1	Coordination: Footwork (Bike) Static Balance: One leg (Pirates)	See progression of skills, knowledge & Vocabulary Yellow/Green	Wild Tribe Exploring outdoor learning environment 		 FUNS 6, 2	Dynamic Balance to Agility: Jumping and Landing (Space) Static Balance: Seated (Jungle)	See progression of skills, knowledge & Vocabulary Yellow/Green	 Wild Tribe Multi-skills ABC
Puffins 1	 FUNS 10, 1	Coordination: Footwork (Bike) Static Balance: One leg (Pirates)	See progression of skills, knowledge & Vocabulary Green	Wild Tribe Multi-skills ABC 		 FUNS 6, 2	Dynamic Balance to Agility: Jumping and Landing (Space) Static Balance: Seated (Jungle)	See progression of skills, knowledge & Vocabulary Green	 Wild Tribe Multi-skills ABC
Choughs 2	 FUNS 10, 1	Coordination: Footwork Static Balance: One Leg	See progression of skills, knowledge & Vocabulary Green/Red	 TENNIS-Develop Competence Master basic movements-catching and throwing, sending & receiving, coordination, agility and balance in adapted games and challenges with simple tactics. (LTA lesson planning)		 FUNS 6, 2	Dynamic Balance to Agility: Jumping and Landing Static Balance: Seated	See progression of skills, knowledge & Vocabulary Green/Red	  FOOTBALL FUNDamentals See SSW planning Balance: Floor, Low & Large Apparatus Travel: Floor, Low & Large Apparatus)
Choughs 3 Choughs 4	 FUNS 10, 1	Coordination: Footwork Static Balance: One Leg	See progression of skills, knowledge & Vocabulary Red/Blue	 TENNIS- Apply & develop skills Play modified competitive games, apply basic tactics for attacking and defending, develop communication and evaluating skills, develop technical racket skills & start to compare their performance to achieve their personal best. (LTA lesson planning)		 FUNS 6, 2	Dynamic Balance to Agility: Jumping and Landing Static Balance: Seated	See progression of skills, knowledge & Vocabulary Red/Blue	  FOOTBALL- See SSW planning Balance: Floor, Low & Large Apparatus Travel: Floor, Low & Large Apparatus)
Razorbills 5 Razorbills 6	 FUNS 10, 1 	Coordination: Footwork Static Balance: One Leg SAILING	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black	 TENNIS- Succeed & excel Play modified competitive games, apply attacking and defending tactics, understand scoring & shot selection, develop communication & evaluating skills, develop technical racket skills, learn how to evaluate & recognise their own success to achieve their personal best. (LTA lesson planning)		 FUNS 6, 2 	Dynamic Balance to Agility: Jumping and Landing Static Balance: Seated swimming	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black	  FOOTBALL- See SSW planning Balance: Acrobatic Sequences Rotation: Rotation sequences (Hand Apparatus)

Spring Term 2024										
	Spring 1					Spring 2				
Nursery	N1: N2:	 Grey	See progression of skills, knowledge & Vocabulary Grey			N1: N2:	 Grey	See progression of skills, knowledge & Vocabulary Grey		
Puffins R	 FUNS 5, 4	Dynamic Balance: On a Line (Train) Static Balance: Stance (Circus Tightrope)	See progression of skills, knowledge & Vocabulary Yellow/Green	 Shape: (At Home) Travel: (Jungle Trip)		 FUNS 9, 7	Coordination: Ball Skills (Circus Clowns) Counter Balance: With a Partner (Seaside)	See progression of skills, knowledge & Vocabulary Yellow/Green		Flight: (Park Life) Rotation: (Toy Box)
Puffins 1	 FUNS 5, 4	Dynamic Balance: On a Line (Train) Static Balance: Stance (Circus Tightrope)	See progression of skills, knowledge & Vocabulary Green	 Shape: (At Home) Travel: (Jungle Trip)		 FUNS 9, 7	Coordination: Ball Skills (Circus Clowns) Counter Balance: With a Partner (Seaside)	See progression of skills, knowledge & Vocabulary Green		Flight: (Park Life) Rotation: (Toy Box)
Choughs 2	 FUNS 5, 4	Dynamic Balance: On a Line Static Balance: Stance	See progression of skills, knowledge & Vocabulary Green/Red	 Flight: Floor work, Hand Apparatus Rotation: Floor Work, Low Apparatus		 FUNS 9, 7	Coordination: Ball Skills (Circus Clowns) Counter Balance: With a Partner (Seaside)	See progression of skills, knowledge & Vocabulary Green/Red		
Choughs 3 Choughs 4	 FUNS 5, 4	Dynamic Balance: On a Line Static Balance: Stance	See progression of skills, knowledge & Vocabulary Red/Blue	 Flight: Floor work, Hand Apparatus Rotation: Floor Work, Low Apparatus		 FUNS 9, 7	Coordination: Ball Skills (Circus Clowns) Counter Balance: With a Partner (Seaside)	See progression of skills, knowledge & Vocabulary Red/Blue		
Razorbills 5 Razorbills 6	 FUNS 5, 9	Dynamic Balance: On a Line Coordination: Ball Skills	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black	 Flight: Sequences with Ropes Travel: Group sequences, Low & Large Apparatus		 FUNS 8, 7	Coordination: Sending and Receiving Counter Balance: With a partner	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black		

Summer Term 2024									
	Summer 1					Summer 2			
Nursery	N1: N2:		See progression of skills, knowledge & Vocabulary Grey			N1: N2:		See progression of skills, knowledge & Vocabulary Grey	
Puffins R	 FUNS 8, 12	Coordination: Sending & Receiving (Circus Jugglers) Agility: Reaction/Response (Fairytale)	See progression of skills, knowledge & Vocabulary Yellow/Green	 Balanceability Building Stamina Training for Sports Day		 FUNS 11, 13	Agility: Ball Chasing (Squirrel) Static Balance: Floor Work (Cat)	See progression of skills, knowledge & Vocabulary Yellow/Green	
Puffins 1	 FUNS 8, 12	Coordination: Sending & Receiving (Circus Jugglers) Agility: Reaction/Response (Fairytale)	See progression of skills, knowledge & Vocabulary Green	 Building Stamina Training for Sports Day See SSW for planning		 FUNS 11, 13	Agility: Ball Chasing (Squirrel) Static Balance: Floor Work (Cat)	See progression of skills, knowledge & Vocabulary Green	
Choughs 2	 FUNS 8, 12	Coordination: Sending & Receiving Agility: Reaction/Response	See progression of skills, knowledge & Vocabulary Green/Red	 ATHLETICS Athletics See SSW planning		 FUNS 11, 13	Agility: Ball Chasing Static Balance: Floor Work	See progression of skills, knowledge & Vocabulary Green/Red	 KWIK CRICKET See SSW planning
Choughs 3 Choughs 4	 FUNS 8, 12	Coordination: Sending & Receiving Agility: Reaction/Response	See progression of skills, knowledge & Vocabulary Red/Blue	 ATHLETICS Athletics See SSW planning		 FUNS 11, 13	Agility: Ball Chasing Static Balance: Floor Work	See progression of skills, knowledge & Vocabulary Red/Blue	 KWIK CRICKET See SSW planning
Razorbills 5 Razorbills 6	 FUNS 12, 3	Agility: Reaction/Response Static Balance: Stance	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black	 ATHLETICS Athletics See SSW planning		 FUNS 11, 4	Agility: Ball Chasing Static Balance: Stance	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black	 KWIK CRICKET See SSW planning Surfing, Sea swimming & water safety