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We follow the Real PE Scheme of work. The application of knowledge and skills will be taught and experienced through 'traditional' sports and through a range of enrichment opportunities.

Lessons will be adapted for each specific year group using the Progression of Skills, Knowledge and Vocabulary documents for each of the 12 Fundamental Skills (FUNS).

Autumn Term 2023									
	Autumn 1					Autumn 2			
Nursery	N1: N2:			Exploring the environment inside and outside.		N1: N2:		See progression of skills, knowledge & Vocabulary Grey	
Puffins R	 FUNS 10, 1	<b>Coordination:</b> Footwork (Bike) <b>Static Balance:</b> One leg (Pirates)	See progression of skills, knowledge & Vocabulary Yellow/Green	<b>Wild Tribe</b> Exploring outdoor learning environment 		 FUNS 6, 2	<b>Dynamic Balance to Agility:</b> Jumping and Landing (Space) <b>Static Balance:</b> Seated (Jungle)	See progression of skills, knowledge & Vocabulary Yellow/Green	 <b>Wild Tribe</b> Multi-skills ABC
Puffins 1	 FUNS 10, 1	<b>Coordination:</b> Footwork (Bike) <b>Static Balance:</b> One leg (Pirates)	See progression of skills, knowledge & Vocabulary Green	<b>Wild Tribe</b> Multi-skills ABC 		 FUNS 6, 2	<b>Dynamic Balance to Agility:</b> Jumping and Landing (Space) <b>Static Balance:</b> Seated (Jungle)	See progression of skills, knowledge & Vocabulary Green	 <b>Wild Tribe</b> Multi-skills ABC
Choughs 2	 FUNS 10, 1	<b>Coordination:</b> Footwork <b>Static Balance:</b> One Leg	See progression of skills, knowledge & Vocabulary Green/Red	 <b>BADMINTON-Develop Competence</b> Badminton England 'The Racket Pack' lesson planning & resources Y1/2		 FUNS 6, 2	<b>Dynamic Balance to Agility:</b> Jumping and Landing <b>Static Balance:</b> Seated	See progression of skills, knowledge & Vocabulary Green/Red	  <b>RUGBY FUNDamentals-</b> See SSW planning <b>Balance:</b> Floor, Low & Large Apparatus <b>Travel:</b> Floor, Low & Large Apparatus)
Choughs 3 Choughs 4	 FUNS 10, 1	<b>Coordination:</b> Footwork <b>Static Balance:</b> One Leg	See progression of skills, knowledge & Vocabulary Red/Blue	 <b>BADMINTON- Apply &amp; develop skills</b> Badminton England 'The Racket Pack' lesson planning & resources Y3/4		 FUNS 6, 2	<b>Dynamic Balance to Agility:</b> Jumping and Landing <b>Static Balance:</b> Seated	See progression of skills, knowledge & Vocabulary Red/Blue	  <b>TAG RUGBY-</b> See SSW planning <b>Balance:</b> Floor, Low & Large Apparatus <b>Travel:</b> Floor, Low & Large Apparatus)
Razorbills 5 Razorbills 6	 FUNS 10, 1 	<b>Coordination:</b> Footwork <b>Static Balance:</b> One Leg  <b>SAILING</b>	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black	 <b>BADMINTON- Succeed &amp; excel</b> Badminton England 'The Racket Pack' lesson planning & resources Y5/6		 FUNS 6, 2 	<b>Dynamic Balance to Agility:</b> Jumping and Landing <b>Static Balance:</b> Seated  <b>swimming</b>	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black	  <b>TAG RUGBY-</b> See SSW planning <b>Balance:</b> Acrobatic Sequences <b>Rotation:</b> Rotation sequences (Hand Apparatus)

Spring Term 2024										
	Spring 1					Spring 2				
Nursery	N1: N2:	 Grey	See progression of skills, knowledge & Vocabulary Grey			N1: N2:	 Grey	See progression of skills, knowledge & Vocabulary Grey		
Puffins R	 FUNS 5, 4	<b>Dynamic Balance:</b> On a Line (Train) <b>Static Balance:</b> Stance (Circus Tightrope)	See progression of skills, knowledge & Vocabulary Yellow/Green	 <b>Shape:</b> (At Home) <b>Travel:</b> (Jungle Trip)		 FUNS 9, 7	<b>Coordination:</b> Ball Skills (Circus Clowns) <b>Counter Balance:</b> With a Partner (Seaside)	See progression of skills, knowledge & Vocabulary Yellow/Green		<b>Flight:</b> (Park Life) <b>Rotation:</b> (Toy Box)
Puffins 1	 FUNS 5, 4	<b>Dynamic Balance:</b> On a Line (Train) <b>Static Balance:</b> Stance (Circus Tightrope)	See progression of skills, knowledge & Vocabulary Green	 <b>Shape:</b> (At Home) <b>Travel:</b> (Jungle Trip)		 FUNS 9, 7	<b>Coordination:</b> Ball Skills (Circus Clowns) <b>Counter Balance:</b> With a Partner (Seaside)	See progression of skills, knowledge & Vocabulary Green		<b>Flight:</b> (Park Life) <b>Rotation:</b> (Toy Box)
Choughs 2	 FUNS 5, 4	<b>Dynamic Balance:</b> On a Line <b>Static Balance:</b> Stance	See progression of skills, knowledge & Vocabulary Green/Red	 <b>Flight:</b> Floor work, Hand Apparatus <b>Rotation:</b> Floor Work, Low Apparatus		 FUNS 9, 7	<b>Coordination:</b> Ball Skills (Circus Clowns) <b>Counter Balance:</b> With a Partner (Seaside)	See progression of skills, knowledge & Vocabulary Green/Red		
Choughs 3 Choughs 4	 FUNS 5, 4	<b>Dynamic Balance:</b> On a Line <b>Static Balance:</b> Stance	See progression of skills, knowledge & Vocabulary Red/Blue	 <b>Flight:</b> Floor work, Hand Apparatus <b>Rotation:</b> Floor Work, Low Apparatus		 FUNS 9, 7	<b>Coordination:</b> Ball Skills (Circus Clowns) <b>Counter Balance:</b> With a Partner (Seaside)	See progression of skills, knowledge & Vocabulary Red/Blue		
Razorbills 5 Razorbills 6	 FUNS 5, 9	<b>Dynamic Balance:</b> On a Line <b>Coordination:</b> Ball Skills	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black	 <b>Flight:</b> Sequences with Ropes <b>Travel:</b> Group sequences, Low & Large Apparatus		 FUNS 8, 7	<b>Coordination:</b> Sending and Receiving <b>Counter Balance:</b> With a partner	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black		

Summer Term 2024									
	Summer 1					Summer 2			
Nursery	N1: N2:		See progression of skills, knowledge & Vocabulary Grey			N1: N2:		See progression of skills, knowledge & Vocabulary Grey	
Puffins R	 FUNS 8, 12	<b>Coordination:</b> Sending & Receiving (Circus Jugglers) <b>Agility:</b> Reaction/Response (Fairytale)	See progression of skills, knowledge & Vocabulary Yellow/Green	 Balanceability Building Stamina Training for Sports Day		 FUNS 11, 13	<b>Agility:</b> Ball Chasing (Squirrel) <b>Static Balance:</b> Floor Work (Cat)	See progression of skills, knowledge & Vocabulary Yellow/Green	
Puffins 1	 FUNS 8, 12	<b>Coordination:</b> Sending & Receiving (Circus Jugglers) <b>Agility:</b> Reaction/Response (Fairytale)	See progression of skills, knowledge & Vocabulary Green	 Building Stamina Training for Sports Day See SSW for planning		 FUNS 11, 13	<b>Agility:</b> Ball Chasing (Squirrel) <b>Static Balance:</b> Floor Work (Cat)	See progression of skills, knowledge & Vocabulary Green	
Choughs 2	 FUNS 8, 12	<b>Coordination:</b> Sending & Receiving <b>Agility:</b> Reaction/Response	See progression of skills, knowledge & Vocabulary Green/Red	 ATHLETICS Athletics See SSW planning		 FUNS 11, 13	<b>Agility:</b> Ball Chasing <b>Static Balance:</b> Floor Work	See progression of skills, knowledge & Vocabulary Green/Red	 KWIK CRICKET See SSW planning
Choughs 3 Choughs 4	 FUNS 8, 12	<b>Coordination:</b> Sending & Receiving <b>Agility:</b> Reaction/Response	See progression of skills, knowledge & Vocabulary Red/Blue	 ATHLETICS Athletics See SSW planning		 FUNS 11, 13	<b>Agility:</b> Ball Chasing <b>Static Balance:</b> Floor Work	See progression of skills, knowledge & Vocabulary Red/Blue	 KWIK CRICKET See SSW planning
Razorbills 5 Razorbills 6	 FUNS 12, 3	<b>Agility:</b> Reaction/Response <b>Static Balance:</b> Stance	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black	 ATHLETICS Athletics See SSW planning		 FUNS 11, 4	<b>Agility:</b> Ball Chasing <b>Static Balance:</b> Stance	See progression of skills, knowledge & Vocabulary Blue/Pink (extension) Black	 KWIK CRICKET See SSW planning  Surfing, Sea swimming & water safety

\*\* School clubs- netball, football, cross country, rounders