

www.landewednack.cornwall.sch.uk

Truro and Penwith
Academy Trust

Headteacher: Mrs L. Jones - head@landwednack.tpacademytrust.org

Friday 3rd October 2025

Monday 6th - Friday 10th October

A school meal is always available **FREE** of charge **EVERYDAY** for children in Reception, Year 1 and Year 2.

FOOD FESTIVAL

by Aspens

LUNCHTIME

TRADITIONAL

Week 1

Spring Summer
2025

21/04/25, 12/05/25,
02/06/25, 23/06/25,
14/07/25, 04/08/25,
25/08/25, 15/09/25,
06/10/25

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THE MAIN EVENT

All Day Breakfast

Picnic Style Sausage Roll Lunch

Roast Pork, New Potatoes and Gravy

Tomato and Basil Chicken Pasta Bake

Golden Fish Fingers or Salmon Fingers and Chips

MEAT-FREE MAGIC
Veggie Dish

Margherita Pizza Slice and Wedges

Picnic Style Veggie Sausage Roll Lunch

Vegetable and Stuffing Loaf with New Potatoes

Veggie Noodle Stir Fry

Cheesy Bean Wrap with Chips

RAINBOW ALLEY
Vegetables and Salads

Baked Beans

Crudites

Carrots and Cabbage

Green Salad

Peas

BIG TOPPING
Filled Jackets

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

Beans, Cheese or Tuna Mayo

DESSERT TROLLEY

Toffee Biscuit Bars

Classic Trifle

Bananas and Custard

Strawberry and Pineapple Jelly

Coconut Crisp Bar

DAILY SALAD BOWL,
FRESHLY BAKED BREAD,
YOGHURTS AND CUT FRUIT

AVAILABLE DAILY

PASTA TWIRLER

AVAILABLE EVERY DAY

Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce & Cheese

W1



A reminder that all photograph orders need to be placed (with Jo Buckley and via the form your child/ren bought home) by Sunday 12th October.



2025/2026 AUTUMN TERM Diary Dates

Monday 6th October - Nasal Flu Vaccinations (All children whose parents have consented)

Tuesday 7th October - Cross Country, Mullion School from 4pm **ALL CHILDREN**

Friday 17th October - Harvest Festival 2pm St Wynwallow Church - All welcome

Friday 17th October - Break Up for the Half Term Holiday

Monday 3rd November - Return to School & Little Lizards

Tuesday 4th November - Cross Country, Helston School North Site 4pm **ALL CHILDREN**

Sunday 9th November - Remembrance Sunday, St Wynwallow Church. School to lay wreath

Tuesday 11th November - Remembrance Service on the village green. Children to attend

Thursday 11th December - Choughs & Razorbills Carol Service - 6pm St Wynwallow Church

Friday 19th December - Break Up for the Christmas Holiday

Monday 5th January 2026 - Return to School & Little Lizards

Monday 26th January 2026 - INSET Training Day - School & Little Lizards **CLOSED**

Tuesday 24th Feb - Cross Country Peninsula Qual, Helston Sch South **JUNIOR CHILDREN**

Cross Country

The second league race takes place at Mullion School on Tuesday 7th October at 4pm. A reminder that all of the league races are for **ALL** of our children in Reception to Year 6. It would be lovely to see more of children representing Landewednack at Mullion School. Please let me (Lyndsay Bray) know if your child/ren would like to take part. 😊



 **Cornwall Partnership NHS Foundation Trust**

The Mental Health Support Team warmly invite you to attend...

Wild Wellbeing

During October half term we are offering **FREE** nature based creative sessions linked to the 5 ways to wellbeing.

This is for parents and children aged 5-12 in Cornwall. Please book **EACH** child on to a session.

Morning and afternoon sessions available at:
The Core at St Ives Community Orchard - Thursday 30 October
Hayle Family Hub - Friday 31 October

We are also offering a Parentwell session at **Penrose Estate** - Monday 27 October

Each session will last approx. 2 hours

To request a place, please complete the online form or scan the QR code provided:
<https://forms.office.com/e/vc2DtK8C5B>

Follow us on Facebook for updates and upcoming events:
Cornwall Mental Health Support Team (MHST)



2025 Celebrate

APPLE DAY

2025

Saturday 11th October
11am until 6pm

Kehelland Trust

Refreshments & Bar

Children's Games & Activities

Live Music all day, Procession

Orchard Blessing, Ceilidh

Rural Crafts & Demonstrations

Exhibition, Tasting, ID, Trees, Orchard Tours & Advice, Juice & Juice Pressing, Games, Traditions, Crafts, Cakes, Cider & more

The Apple!

Please car-share if you can or come by bus (T1 T2)...or on your bike...or your feet!

TICKETS

It's cheaper to book in advance
Adults £15 (£10 on the day) Children 5-16 £3 (£4 on the day) Carers and children 5 & under **FREE**

  www.kehellandtrust.org.uk



Our Picture News for this week....

What's happening in the news?



Let's have a look at the poster

Black History Month 2025

Let's look at the story



The theme of Black History Month 2025 is 'Standing Firm in Power and Pride.' Every October is a chance to celebrate the strength, resilience and achievements of the Black community.

One example is the West Indian Sports and Social Club in Manchester, which was started in 1953 by people who came from the Caribbean, known as the Windrush generation. It became an important place where families could meet, celebrate, and feel proud of their history. Now, new housing plans nearby could make it harder for the club to carry on, and the community is speaking up to protect it.

Learn more about this story [here](#).
Watch the useful video [here](#).

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What is Black History Month?



Black History Month is celebrated in the UK every October. It began in the 1980s, to recognise the history, achievements, and contributions of Black people in Britain. Each year has a theme, and the 2025 focus is 'Standing Firm in Power and Pride', which celebrates strength, resilience and progress. The month aims to help everyone learn more about Black history, challenge racism, and celebrate diversity in our communities.

**Standing Firm
in Power and Pride**

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Resource



Read through the information below, all about the West Indian Sports and Social Club in Manchester and the new planned homes. Share your thoughts on the news and suggested changes.

The West Indian Sports and Social Club

The club, based in Moss Side, Manchester, was started in 1953 by people from the Caribbean who had come to the UK as part of the Windrush generation.

It gave families a safe place to meet, play cricket and football, dance, share food, and celebrate their culture. Over the years, it has welcomed famous visitors, like Nelson Mandela, and has been a proud part of the local community.



The club is also used for weddings, parties and other community celebrations. (Pictured above.)

What's happening now?

About 200 new homes are planned to be built near the club. Some people worry this could make things harder for the club e.g., noise or less space. The community wants to protect the club, because it is an important part of their history and who they are.

Why is it important?

The club is a place where the Black community in Manchester can feel proud and included. It helps young people learn about their history and feel connected to it. The local area is now considering how to build new homes while still looking after special community places.

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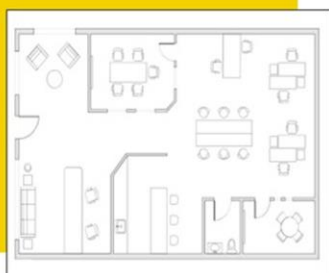
Activity



Can you design a building for your own community?

Your building could be...

- **A place to have fun:** games, sport or play.
- **A place to learn:** stories, history or books.
- **A place to celebrate:** music, food or dancing.
- **A place for everyone:** welcoming to all people.



- Draw your community building, showing both the **outside** and **inside**.
- Label the different spaces and explain **why** you included them.
- Add one feature that makes your building special for the future (e.g., eco-friendly design, art wall, youth space).

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