

# Landewednack Community Primary School

Beacon Terrace

The Lizard

HELSTON

Cornwall

TR12 7PB

Tel: 01326 290337

[www.landewednack.cornwall.sch.uk](http://www.landewednack.cornwall.sch.uk)



Truro and Penwith  
Academy Trust



**Headteacher: Mrs L. Jones - [head@landewednack.tpacademytrust.org](mailto:head@landewednack.tpacademytrust.org)**

Friday 13<sup>th</sup> February 2022

## School Lunch Menu

Monday 23<sup>rd</sup> - Friday 27<sup>th</sup> February 2026

**A school meal is always available FREE of charge EVERYDAY for children in Reception, Year 1 and Year 2.**

**FOOD FESTIVAL**  
By Aspects

**WEEK 2**  
Autumn Winter 2025/26  
08/09/25, 29/09/25, 20/10/25,  
10/11/25, 01/12/25, 22/12/25,  
12/01/26, 02/02/26, 23/02/26,  
16/03/26

**MAIN EVENT**

**MEAT-FREE MAGIC**  
Veggie Dishes

**RAINBOW ALLEY**  
Vegetables and salads

**BIG TOPPING**  
Filled Jackets

**DESSERT TROLLEY**

**LUNCHTIME**

**PRIMARY TRADITIONAL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetable Lasagne	Creamy Chicken & Sweetcorn Pasta	Roast Gammon, Skin on Roasties and Gravy	Mild Chilli Con Carne with Rice	Golden Fish Fingers and Chips
Green Veg & Butter Bean Pie with Wedges	Veggie Whole Grain Pasta Bolognese	Cheddar & Broccoli Crustless Quiche	Vegetable Bean Chilli with Rice	BBQ Veggie Wrap with Chips
Sweetcorn	Broccoli	Carrots and Peas	Mixed Greens	Baked Beans
Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo	Beans, Cheese or Tuna Mayo
Chocolate Popcorn Bars	Orange and Peach Jelly	Apple Tea Cake and Custard	Iced Vanilla Sponge Cake	Carrot Cake

What impact has your meal had on planet Earth today?  
A Very Low B Low C Moderate D High E Very High

AVAILABLE DAILY  
DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

**PASTA TWIRLER**  
Topped Pasta Hot Pasta topped with HOMEMADE TOMATO SAUCE & CHEESE

## 2026 Diary Dates

Friday 13<sup>th</sup> February - Break up for the half term holiday  
Monday 23<sup>rd</sup> February - Return to school and nursery  
Tuesday 24<sup>th</sup> Feb - Cross Country Peninsula Qual, Helston School **JUNIOR CHILDREN**  
Thursday 5<sup>th</sup> March - World Book Day 2026 - more info to follow  
Thursday 2<sup>nd</sup> April - Break up for the Easter Holiday  
Monday 20<sup>th</sup> April - Return to school and nursery  
Monday 4<sup>th</sup> May - Bank Holiday - school & nursery **CLOSED**  
Friday 8<sup>th</sup> May - School & nursery **CLOSED** - Culture Day  
Friday 22<sup>nd</sup> May - Break up for the half term holiday  
Monday 1<sup>st</sup> June - Return to school and nursery



Ordering Landewednack School Uniform

[www.schooltrendsonline.com/uniform/LandewednackPrimarySchoolTR127PB](http://www.schooltrendsonline.com/uniform/LandewednackPrimarySchoolTR127PB)

### **Cross Country - Tuesday 24<sup>th</sup> February**

The Cross Country season resumes on Tuesday 24<sup>th</sup> February at Helston Community College for our junior children. This race is the qualifier for the Peninsula finals and the top 8 runners from the Years 4, 5 & 6 will qualify for the Peninsula Finals (date and venue for this race to be confirmed nearer the time) Please let me (Lyndsay Bray) know via ClassDojo or email if your child/ren would like to run on the 24<sup>th</sup>!



**RED NOSE DAY**

An early message to say that we will be acknowledging **Red Nose Day** again on Friday 20<sup>th</sup> March in aid of the Comic Relief charity.

The children are invited to wear something RED with their usual school uniform or nursery gear in exchange for a small donation to Comic Relief via the link below...

[www.justgiving.com/page/landewednack](http://www.justgiving.com/page/landewednack)

This week's 'Picture News', shared with the children during our assembly and for their grown ups to share with them at home.....

# TAKE HOME

8th - 15th February



## Should children have social media?

## In the news this week

Adults in the UK are talking about whether children under 16 should be allowed to use social media, as the government is considering new rules to help keep children safe online. Some people believe social media helps children stay connected, while others worry it can affect wellbeing and mental health. During Children's Mental Health Week, the story reminds us how important it is to look after our mental health both online and offline.

### Things to talk about at home ...

- What rules or agreements can help us feel safe when using technology at home?
- Can you think of ideas for families to help balance screen time and other activities?
- What are some of the activities that you do online? Do you do different things online to others at home?

Please note any interesting thoughts or comments



## Let's look at this week's story

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## Rule of Law

The government is considering changing the law to protect young people's mental health and safety online. Laws are important because they provide clear rules that keep us safe from harm, ensure everyone is treated fairly, and help us live together.

### IN THE SPOTLIGHT 1 NEWSPAPER 9th - 15th February

#### Snow Much Olympic Fun!

The Winter Olympics is back for 2026, and lots of people are starting to get excited! The Games will be held in Italy, in two places called Milan and Cortina. The Winter Olympics is a special sports event, where athletes compete on snow and ice. Sports include skiing, skating, and snowboarding. The first Winter Olympics was held over 100 years ago, in 1924, and the Games take place every four years. Italy has hosted the Winter Olympics before. Cortina last welcomed the Games in 1956, so the snowy town is getting ready to welcome athletes again after many years. Teams from countries all around the world will take part, including Team GB. Some



Pictured: A skier on the slopes. Skiing is one of the Winter Olympic sports. Source: Canva.

athletes will be going to the Olympics for the very first time, which is a big moment for them. The Games will run from 6th - 22nd February. Co-founder of the International Olympic Committee, Pierre de Coubertin, once said, 'The important thing is not to win, but to take part.'

**Which sport would you most like to watch or try?**

### Cooking Up A Little Help

A community group in Meir, Stoke-on-Trent, England, is giving out free air fryers. The group, Meir Matters, wants to help people learn how to cook healthy food. An air fryer is a kitchen machine that cooks food using hot air. It can be quicker than an oven, uses



Pictured: An air fryer. Source: Canva.

less energy, and does not need lots of oil to cook food so can be a healthier way to make meals. The idea comes after research was conducted by the University of Staffordshire. The findings showed that more people in the area need help with what they eat. Michelle Swift, who helps run Meir Matters, described the project and said its aim is to 'help people save money, eat healthy, do it on a budget and reduce waste at the same time.' Michelle talked about the project's impact on families, which 'saves them time and ... gets the family involved in cooking.'

**Do you like to help cook at home? What is your favourite meal?**

**Does how we behave matter as much as how well we play?**



Yes! Just because you are very good at football does not mean you can be mean or disrespectful.  
**Donna**

## Sending your name around the Moon!

NASA's Artemis campaign is sending four astronauts to fly around the Moon and back on the Artemis II rocket. The mission is to test NASA's deep space capabilities, as humans travel on the Space Launch System rocket and Orion spacecraft for the first time. NASA invited everyone to join in and feel part of the flight, by sending their name into space and getting their own boarding passes!



Pictured: NASA's Artemis II rocket at the launch pad. Source: NASA's Marshall Space Flight Center on Facebook.



Pictured: An example of an Artemis II boarding pass. Source: NASA's Marshall Space Flight Center on Facebook.

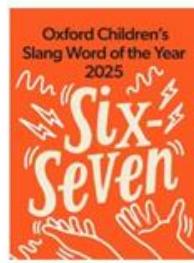
Over 3.5 million people will have their name launched around the Moon, alongside NASA astronauts Reid Wiseman, Victor Glover, Christina Koch, and Canadian Space Agency astronaut, Jeremy Hansen. Submitted names have been added to an SD card that will fly inside Orion, as the Artemis II mission launches to fly around the Moon! NASA says this flight is a step toward crewed missions to the lunar surface and will help the agency prepare for future astronaut missions to Mars.

*Do you think this is a good way to help people feel involved and interested in space missions?*

*Where would you like to send your name?*

## 'Six-Seven'

'Six-seven' has been named children's slang word of the year in a survey by Oxford University Press (OUP). 5,000 children from 6 to 14 years old were asked about their favourite slang words. Almost half (46%) chose 'six-seven' as their winner! 'Aura' came second (24%), followed by 'Delulu' in third place (7%). 'Aura' can refer to a person's vibe, with someone able to 'lose aura points' for uncool behaviour or 'gain aura points' for impressive acts. 'Delulu', comes from the word delusional, meaning believing things that are not real or true. Despite being voted the favourite word, 1 in 10 children who took part in the survey said they don't think 'six-seven' has a real meaning! Experts are divided as to its actual meaning, but say slang words can be used to help people feel connected, build a



Pictured: Six-Seven announced as Children's slang word of the year 2025. Source: University of Oxford on Facebook.

sense of belonging and identity, and promote communication and expression. Andrea Quincey, from OUP, said the phrase had brought 'laughter and joy and connection with friends.' They explained, 'We see how important it is for children to have agency over their language away from the grown-up world and share words that adults can't understand.'

*Do you think that slang words are important? Have you ever said 'six-seven', 'aura', or 'delulu'?*

**Does how we behave matter as much as how well we play?**



I think everyone should always be nice to people, but sometimes professional footballers feel a lot of pressure and can get annoyed.  
James

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## Messages from our PTFA...

*Hello from the PTFA.*

*A big thank you to everyone who turned up to our Pub Quiz Event at The Lizard Football Club last Friday. We are pleased to say the event, which attracted several members and teams from The Lizard and even Mullion communities, raised £281.*

*A huge thank you to the Football Club for hosting us, to Trevena Cross Nurseries and Kynance Cove Café who donated fantastic raffle prizes, to the members of the PTFA who personally contributed items to build great hampers, and to everyone involved who gave their time and effort to make yet another successful event happen.*

# THANK YOU!

As you will be aware from the posters up around the school and in the newsletter, the next PTFA event will be a Bag2School collection on **THURSDAY 26th FEBRUARY** (after our return from half-term). The bags will be collected from 9am on the 26th and need to be organised into specific bags. To make this task easier I have negotiated some drop off times at The Reading Room in the days running up to the collection (see dates and times on poster).

If none of these times are suitable, please email Nikki at [landewednackptfa@gmail.com](mailto:landewednackptfa@gmail.com) or if need be leave any bags you wish to donate at the office at drop off and pick up and I will organise bringing them to the Reading Room (we will be storing them there to save the space in the school). We have advertised this fundraiser in The Lizard and Mullion and I have even made a few collections in Helston! All to try and gather more donations from the community, as we are paid per kilo by bag2school. So please, if you know anyone that is looking to declutter could you ask them to consider donating the items to us.

Thanks very much for your support!

**BAG 2 SCHOOL**

**"Clear out. Give back. Support our school!"**

The Landewednack School PTFA is running a bag2school fundraising collection on **Thursday the 26th of February** in support of the school and Little Lizard Nursery. Every bag collected helps fund vital resources, activities and opportunities for our students!

Below is a list of everything that **we collect** or that **we don't collect**

Clothes, paired shoes Handbags and hats	Duvets and blankets, pillows and cushions, carpets, rags and mats.
Scarves and ties Bras and jewellery Socks and belts	Soiled, painted, ripped or wet clothing. School Uniforms with and without logo Corporate clothing and workwear Textile off cuts, yarn or threaded material Furniture and large items Batteries

Any donations can be brought to The Reading Room, 8 Beacon Terrace, Lizard on **Sunday the 22nd, Monday the 23rd and Tuesday the 24th of February** between 10 and 12pm or before 9am on **Thursday the 26th of February**

If any of these times are unsuitable, or you have any questions please don't hesitate to contact Nikki Rosenberg at [landewednackptfa@gmail.com](mailto:landewednackptfa@gmail.com)

**Declutter. Donate. Do good**

In preparation for a St Pirans Day celebration (more details to follow) our children thoroughly enjoyed singing with Cornish singer, songwriter and performer Will Keating on Wednesday afternoon.



### Paige at the TPAT Super Orchestra!

Paige from Choughs class (accompanied by Elaine) very proudly took part in the very first TPAT Super Orchestra rehearsal on Tuesday 10th February at Helston Community College.



Paige joined other musicians from across the Trust, working together in a large-scale orchestra led by professional musician, conductor, composer and arranger Patrick Bailey. Paige has weekly drumming lessons here at school and both she and Elaine have the most fantastic musical day with further rehearsals to follow. Well Done Paige!