

Landewednack Community Primary School

Beacon Terrace

The Lizard

HELSTON

Cornwall

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Truro and Penwith
Academy Trust



Headteacher: Mrs L. Jones - head@landewednack.tpacademytrust.org

Friday 10th October 2025

School Lunch Menu

Monday 6th - Friday 10th October

A school meal is always available FREE of charge EVERYDAY for children in Reception, Year 1 and Year 2.

FOOD FESTIVAL
by Aspens

LUNCHTIME

TRADITIONAL
Week 2

Spring Summer 2025
28/04/25, 19/05/25,
09/06/25, 30/06/25,
21/07/25, 11/08/25,
01/09/25, 22/09/25,
13/10/25

	THE MAIN EVENT	MEAT-FREE MAGIC Veggie Dish	RAINBOW ALLEY Vegetables and Salads	BIG TOPPING Filled Jackets	DESSERT TROLLEY
MONDAY	Beef Bolognese Pasta	Veggie Bolognese Pasta	Sweetcorn and Peas	Beans, Cheese or Tuna Mayo	Jam Sponge and Custard
TUESDAY	BBQ Chicken Wraps and Paprika Wedges	BBQ Veggie Wrap and Paprika Wedges	Green Beans	Beans, Cheese or Tuna Mayo	Watermelon Wedge
WEDNESDAY	Roast Gammon, Skin on Roasties and Gravy	Maple Roasted Sweet Potato Filo Pie with Skin on Roasties	Mixed Greens	Beans, Cheese or Tuna Mayo	Oaty Cornflake Crunch Bar
THURSDAY	Sausage and Mash with Gravy	Veggie Sausage and Mash	Carrots and Green Beans	Beans, Cheese or Tuna Mayo	Apple Sponge Pudding
FRIDAY	Battered Fish and Chips	Cheese and Onion Burger with Chips	Baked Beans	Beans, Cheese or Tuna Mayo	Vanilla Cookie

DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT
AVAILABLE DAILY

PASTA TWIRLER
AVAILABLE EVERY DAY
Topped Pasta
Hot Pasta topped with Homemade Tomato Sauce & Cheese

W1



Individual & Siblings Photographs

A reminder that all photograph orders need to be placed (with Jo Buckley and via the form your child/ren bought home) by Sunday 12th October.



2025/2026 AUTUMN TERM Diary Dates

Friday 17th October - Harvest Festival 2pm St Wynwallow Church - All welcome

Friday 17th October - Break Up for the Half Term Holiday

Monday 3rd November - Return to School & Little Lizards

Tuesday 4th November - Cross Country, Helston School North Site 4pm **ALL CHILDREN**

Sunday 9th November - Remembrance Sunday, St Wynwallow Church. School to lay wreath

Tuesday 11th November - Remembrance Service on the village green. Children to attend

Thursday 11th December - Choughs & Razorbills Carol Service - 6pm St Wynwallow Church

Friday 19th December - Break Up for the Christmas Holiday

Monday 5th January 2026 - Return to School & Little Lizards

Monday 26th January 2026 - INSET Training Day - School & Little Lizards **CLOSED**

Tuesday 24th Feb - Cross Country Peninsula Qual, Helston Sch South **JUNIOR CHILDREN**

Harvest Festival

We look forward to celebrating the harvest season by inviting everyone to our annual Harvest Festival service at St Wynwallow Church (Church Cove) next Friday 17th October at 2pm. This year we will again be asking for donations for the Helston & Lizard Foodbank please. <https://helstonthelizard.foodbank.org.uk/>

We kindly ask for any food items that you are able to donate to be brought in to the school hall on the morning of Friday 17th October where they will then be taken to the Foodbank on behalf of us all at Landewednack & Little Lizards. The foodbank is in particular need of the following items and would be incredibly grateful for anything that is donated to them.

URGENTLY NEEDED FOOD ITEMS

- LONG LIFE FRUIT JUICE
- LONG LIFE MILK
- TINNED COLD MEATS - HAM ETC
- SMALL JARS OF COFFEE
- TINS OF CUSTARD
- TINS OF RICE PUDDING
- TINNED FRUIT
- SPONGE PUDDINGS
- SHAMPOO, SHOWER GEL ETC



Many thanks in advance and we look forward to welcoming you all to our Harvest Festival next Friday afternoon.

Cross Country

Well done to my Cross Country Heroes who ran in the 2nd Cross Country league race of the season yesterday afternoon at Mullion School. Really lovely to welcome some new faces running for Landewednack too!

Our results were as follows:

Year 3/4 Girls

Myah Y3 - 2nd

Margot Y3 - 5th

Year 3/4 Boys

Arthur Y4 - 29th

Year 5/6 Girls

Abigail Y5 - 4th

Bella Y5 - 12th

Year 5/6 Boys

Finnigan Y5 - 10th

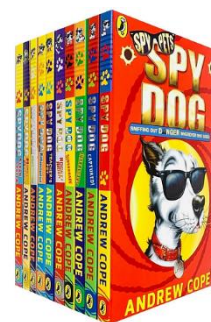
Dex Y5 - 11th



Super proud of our runners again, thank you also for the support the children always receive. The next race and the last one before Christmas is on Tuesday 4th November at Helston School - North Site. This race is just for our junior children, Years 3 - 6.

Mrs Bray 😊

We want to make you aware of a recent issue affecting some popular children's books by Andrew Cope, including the Spy Dogs, Spy Cats, and Spy Pups series. Some editions of these books include a printed web address at the back. This link used to go to the author's website, but the domain is no longer under his control. It has since been taken over by another party and now leads to inappropriate adult content. The publisher, Puffin, has paused sales and distribution of the books and is working with schools, libraries, and retailers to remove copies from circulation. They have stressed that the website has no connection to the author or publisher.



What this means for you:

If your child has any Spy Dog, Spy Cat or Spy Pups books at home, please check the back for website links and make sure they do not try to visit the site. It is safe for children to continue reading the stories themselves — the concern is only with the outdated link. We recommend talking with your child about the importance of not following web addresses in books without checking with an adult first.



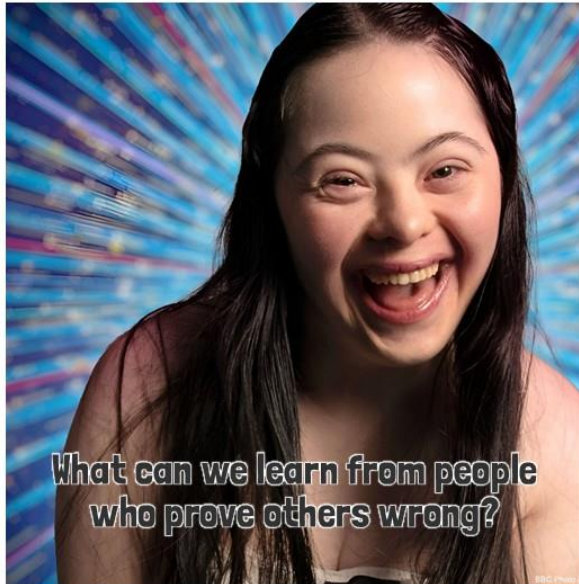
A Thank You from the Little Lizards.....

Thank you to everyone who participated in our recent 'Sponsored Sunflower competition. Moss was crowned the winner having grown the tallest sunflower.

We just wanted show you what we have spent the sponsor money on. The children are over the moon and are really putting all of their new things to good use!



Our Picture News & 'In the SPOTLIGHT' for this week....



In the news this week

Ellie Goldstein, a 23-year-old model from Ilford, has been announced as a contestant on Strictly Come Dancing. She is the first person with Down's syndrome to take part in a full series of the show, having already made history as the first model with Down's syndrome to appear on the cover of British Vogue. Ellie says she's excited for the challenge and hopes to show that people can do amazing things, even when others don't expect them to.

Things to talk about at home ...

- Have you ever seen Strictly Come Dancing on TV? Do you enjoy watching programmes that show competitions? Ask others at home whether they do.
- Why do you think Ellie decided to take part? Is it something you would like to take part in?
- Can you remember a time when you were told you couldn't do something? E.g., finish a puzzle or reach the top of a climbing frame. Share how you felt, and what happened.

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

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Mutual Respect and Tolerance

We can be inspired by people who prove others wrong by achieving things we might not expect. Everyone deserves respect for what they do and the ways they can shine.

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IN THE SPOTLIGHT 1 NEWSPAPER 6th - 12th October

Flashmob Rocks Paris!

People in Paris, France, could not believe their eyes (and ears!) when music suddenly filled the street this summer. A flashmob had begun! This is when a group of people suddenly start singing, dancing, or playing music together in a public place. At the front was Mickey Callisto, a singer from Sunderland in England. He dressed up as Freddie Mercury – the famous lead singer of the band, Queen. He sang Bohemian Rhapsody, one of Queen's most famous songs, while a crowd gathered round. 'I was honoured to be asked to be the lead singer for this flashmob,' said Mickey. The idea came from piano player, Julien Cohen, who brought 30 performers



Pictured: Julien, Olly and Mickey from the flashmob! **Source:** Julien Cohen on YouTube.

together. Some sang from windows, others from balconies, and many stood in the street to join the surprise show. One of the biggest cheers was for 11-year-old guitar player, Olly Pearson. He played the tricky guitar solo – even holding the guitar behind his head while he played! Now, the video has been watched by over 500 million people online. The music, the colours and the surprise made lots of people smile!

Would you like to take part in a flashmob?

Spot on! Jaguar Numbers Grow!

The number of jaguars is growing! There are now about 30% more of these big cats than in 2010. A new count shows around 5,300 jaguars live in Mexico today. To find them, scientists used special



Pictured: A jaguar in the wild. **Source:** Canva.

cameras that take pictures when an animal walks past. They set up hundreds of these cameras across the country and waited to see what appeared. 'It was a great surprise, terrific news,' said Gerardo Ceballos, one of the scientists. Lots of people think jaguars are amazing animals.

They can swim and climb trees – not many big cats can do both! Even with this population growth, jaguars still need protecting. Some forests where they live are being cut down. Roads and farms can also make it harder for them to survive.

Jaguars look a bit like leopards, but their spots are bigger and often have a dot in the middle.

Can anyone break a record if they try hard enough?



I think yes! Because there are a lot of different records to choose from and everyone has their own talents. **Violet**

Let us know what you think about this week's news



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IN THE SPOTLIGHT 2 NEWSPAPER 6th - 12th October

Capybara Cuddles

An unlikely pair have struck up an 'adorable' friendship at Denver Zoo, in the USA! The howler monkey, Baya, and the capybara, Rebecca, have become surprise best friends! The two animals enjoy lots of cuddles together and piggyback across their enclosure at the zoo.

Denver Zoo shared photos and wrote on their social media, 'Our howler monkey



Pictured: Howler monkey, Baya, and capybara, Rebecca, photographed by Animal Care Specialist Erik Bowker. **Source:** Denver Zoo Conservation Alliance on Facebook.

mom, Baya, and capybara, Rebecca, have been spotted sharing some seriously adorable cuddles. You're welcome for the cuteness overload. In the wild, the two species would live in similar locations in the southern hemisphere. However, capybaras are typically found in marshy grasslands and swamps, whereas Howler monkeys spend a lot of time in trees. The animals have bonded, whilst their families live together at the zoo, as the only two females in their enclosure. 'I think Baya just really finds Rebecca as a comforting friend,' Jessica Newell, from Denver Zoo.

Which other animals do you imagine could be best friends?

Cup-cycle!

An engineering student, with a passion for environmentally-friendly and sustainable fashion, has worked out how to recycle single-use cups into soft jumpers and beanie caps, that don't shed microplastics! Lauren Choi was granted funds from Hefty – one of the largest producers of plastic solo cups in the USA. The cups, which are



Pictured: People wearing the beanies and jumpers made from recycled single use plastic cups. **Source:** The New Normal Collective on Instagram.



Pictured: Filament yarn made from recycled single use plastic cups. **Source:** The New Normal Collective on Instagram.

usually hard to recycle, are shredded and turned into filament yarn. A 3D knitter is then used to create the garments from a single knit. The New Normal collective, from where the items are available, posted, 'A full circle moment ♻️ We made Reynolds Consumer Products Hefty®, the #1 manufacturer of Party Cups, custom beanies [...] with their recycled Party Cups. We use no added dyes and have a zero-water process. The green and blue colour naturally comes from their blue and green party cups 🌱🌱'

Can anyone break a record if they try hard enough?



Yes, because if you have enough courage and determination then you can achieve anything in life! **James**

Let us know what you think about this week's news



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