

What is Shabbat?

Join us for
Shabbat.



_____ is a day of rest. It represents that God made the world in _____ days and on the day He rested.

_____ is the Hebrew name for the day we call the

Shabbat is a day of great joy eagerly awaited throughout the week, a time when can set aside all of their weekday concerns and devote themselves to God.

The Sabbath day is important to Jews because it is stated in the _____ Commandments.

The word 'Shabbat' means to _____ or to

The Sabbath begins on _____ afternoon, when the house is cleaned, the family bathes and dresses up, the best dishes and tableware are set, a festive meal is prepared.

Also, everything that cannot be done during Shabbat must be set up beforehand. For this reason, a popular Sabbath meal is _____, a slow-cooked stew.

Before the meal _____ are lit. On Shabbat the meal begins with a blessing said over _____ and two loaves of _____.

Jewish families have the meal at the dining table with a _____ tablecloth and the best _____ and _____.

Jews spend time in _____praying, prayer is not what distinguishes Shabbat from the rest of the week.

Shabbat is a very full day when it is properly observed, and very relaxing. You really don't miss being unable to turn on the TV, drive a car or go

Synagogue	rest	Friday	Sabbath	cease	six
Ten	Shabbat	seventh	cholent	shopping	Jews
bread	candles	white	wine	silver	cutlery