



### Do I send my child to school?

We understand that it is worrying for you as parents when your child is ill, especially if you think the symptoms may be linked to coronavirus.

Missing school can have a detrimental effect on the education and wellbeing of children; however, it is important to keep your child at home if they are ill with the following:

- If your child has flu or a tummy bug you will need to keep them home for 48 hours
- If your child has coronavirus symptoms you must self-isolate and get a test

The main symptoms of coronavirus are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

*Most people with coronavirus have at least 1 of these symptoms*

Get medical advice if you need it- teachers are not able to decide if your child should come to school but if you are worried and not sure what to do, [use the NHS 111 online coronavirus service](#)

If your child has any of the main symptoms of coronavirus:

1. Get a test to check if they have coronavirus as soon as possible.  
<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>
2. Stay at home and do not have visitors until you get the test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get the result.

- For children aged 5 or over – use the [NHS 111 online coronavirus service](#).
- For children under 5 – call 111.

If your child seems very unwell, is getting worse or you think there's something seriously wrong, call 999.

More information can be found on the NHS website

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>