

## How to make an Olympic Torch

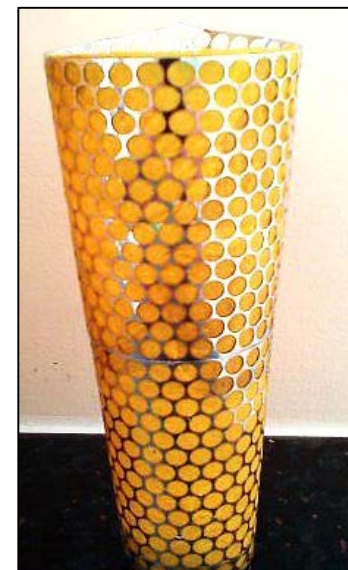
**You will need:**

A large cone or roll of card,  
Tissue paper  
Sequin sheets (punchinealla)  
Glue and tape

**Cover the tube with yellow tissue paper. Glue this one.**

**Wrap the punchinealla around the cone and secure with tape.**

**The 2012 Olympic Games had a torch with 8,000 circles on it, representing the 8,000 torchbearers who would carry the flame around the UK before it reached London for the Opening Ceremony. Push tissue into the end as flames.**



## How to make an Olive Leaf wreath

**You will need:**  
A strip of card  
Green paper  
Scissors  
Glue or tape

**Measure your head with a strip of card and secure it so it fits your head.**

**Take a piece of green paper. Cut out leaf shapes. One easy way to do this is to fold the piece of green paper in half. Rub your finger along the crease so it's a nice clean fold.**

**Cut a half leaf shape out along the fold, so that when you open your leaf it's symmetrical (the same on both sides) with a fold down the centre.**

**Repeat this process until you have a lot of leaves.**

**Glue them onto your paper strip.**

